

## SCIENTIFIC PROGRAM

### Francophone Symposium on Nutrition and Food Safety “Nutrisûr”

**23 November 2017: Keynote lectures and oral presentations**

**Venue: Aula of the „Iuliu Hațieganu” University of Medicine and Pharmacy Cluj-Napoca (23 Gh. Marinescu Str.)**

8.00-9.00	<b>Registration of participants</b>
9.00-9.30	<b>OPENING CEREMONY</b> <b>Prof. Dr. Felicia Loghin</b> Scientific Vice-Rector, „Iuliu Hațieganu” UMPH Cluj-Napoca President of the Scientific Committee of “Nutrisûr” Symposium <b>Prof. Dr. Radu Oprean</b> - „Iuliu Hațieganu” UMPH Cluj-Napoca Member of the Regional Commission of Experts of the Agence universitaire de la Francophonie Member of the Scientific Council of the Agence universitaire de la Francophonie <b>Prof. Dr. Nicolae Popa</b> - Chairman of the Management Committee of “SaIN” Network <b>Mr. Xavier Leroux</b> – Director Institut français de Roumanie - Regional direction of Cluj-Napoca <b>Lect. Dr. Anamaria Cozma-Petruț</b> - General organizer of “Nutrisûr” Symposium
9.30-9.40	Adriana Roșu - Department for International Relations, „Iuliu Hațieganu” UMPH Cluj-Napoca <b>▪ Overview on „Iuliu Hațieganu” UMPH Cluj-Napoca Francophone Cooperation</b>
<b>SESSION 1</b> <b>Chairs: Prof. Dr. Felicia Loghin, Dr. Flore Depeint</b>	
9.40-10.10	KEYNOTE LECTURE <b>▪ Endocrine disrupters: effect on taste preferences and obesity</b> Dr. Hab. Marie-Chantal Canivenc-Lavier - INRA Dijon (FR)
10.10-10.40	KEYNOTE LECTURE <b>▪ Oral and extra-oral taste receptors: what roles?</b> Dr. Fabrice Neiers - University of Burgundy (FR)
10.40-11.00	ORAL PRESENTATION <b>▪ Potential of territories, eating habits and disparities in health status in Romania</b> Prof. Dr. Nicolae Popa - West University of Timișoara (RO)
11.00-11.30	<b>Coffee break</b>
<b>SESSION 2</b> <b>Chairs: Dr. Hab. Marie-Chantal Canivenc-Lavier, Prof. Dr. Nicolae Popa</b>	
11.30-12.00	KEYNOTE LECTURE <b>▪ Microbiota in state of health and disease</b> Prof. Dr. Dan Dumitrașcu - „Iuliu Hațieganu” UMPH Cluj-Napoca (RO)
12.00-12.30	KEYNOTE LECTURE <b>▪ How can diet boost the microbiota to optimize health effects</b> Dr. Flore Depeint - Polytechnic Institute UniLaSalle Beauvais (FR)
12.30-12.50	ORAL PRESENTATION <b>▪ Comparative protein profile in pork, soy and apples</b> Lect. Dr. Codruta Hegheș - „Iuliu Hațieganu” UMPH Cluj-Napoca (RO) Prof. Dr. Ramona Suharoschi - UASVM Cluj-Napoca (RO)
12.50-13.10	ORAL PRESENTATION <b>▪ Serious games to help healthy eating in children</b> Assist. Prof. Dr. Antonya Yaneva - Medical University Plovdiv (BG)

13.10-13.30	ORAL PRESENTATION ▪ <b>Nutritional education using mobile devices</b> Lect. Dr. Iulian Bența - Technical University Cluj-Napoca (RO)
13.30-14.30	<b>Lunch break</b>

**Venue: „Teodor Goina” Amphitheater (23 Gh. Marinescu Str.)**

<b>SESSION 3</b>	
<b>Chairs:</b> Assoc. Prof. Dr. Aurica Chirsanova, Assoc. Prof. Dr. Valeria Laza	
14.30-15.00	KEYNOTE LECTURE ▪ <b>Contradictions and controversies in contemporary nutrition</b> Assoc. Prof. Dr. Valeria Laza - „Iuliu Hațieganu” UMPH Cluj-Napoca (RO)
15.00-15.20	ORAL PRESENTATION ▪ <b>Influence of homogenization pressure and transglutaminase enzyme on the textural properties of cheese foams</b> Assoc. Prof. Dr. Aurica Chirsanova - Technical University of Moldova Chișinău (MD)
15.20-15.40	ORAL PRESENTATION ▪ <b>Food Wastes - sources of valuable bioactive molecules</b> Lect. Dr. Sonia Socaci - UASVM Cluj-Napoca (RO)
15.40-16.00	ORAL PRESENTATION ▪ <b><i>Nymphaea alba</i> – source of phytonutrients</b> Drd. Mihaela Cudălbeanu – „Dunărea de Jos” University of Galați (RO)
16.00-16.30	<b>Coffee break</b>
<b>SESSION 4</b>	
<b>Chairs:</b> Prof. Dr. Cristina Pocol, Prof. Dr. Vasile Cozma	
16.30-17.00	KEYNOTE LECTURE ▪ <b>Food zoonoses - the case of fish</b> Lect. Dr. Menelaos Lefkaditis - University of Thessaly (GR)
17.00-17.20	ORAL PRESENTATION ▪ <b>Microbiological contamination of Romanian traditional foods: health risks</b> Lect. Dr. Alexandra Tăbăran - UASVM Cluj-Napoca (RO)
17.20-17.40	ORAL PRESENTATION ▪ <b>Is there a correlation between honey consumption and good hygiene in Romania?</b> Prof. Dr. Cristina Pocol – UASVM Cluj-Napoca (RO)
17.40-18.00	ORAL PRESENTATION ▪ <b>The major zoonotic food parasites in Romania, in vision of the new concept “One Health , One Medicine”</b> Prof. Dr. Vasile Cozma - UASVM Cluj-Napoca (RO)
18.00-18.20	<i>Sponsor presentation - PURAROM</i> ▪ <b>Improved digestion by deworming with Vermicin Forte, essential oil capsules</b> Psychotherap. Cornelia Decu-Chaumont - Scientific School of Aromatherapy AROMAARMONY Bucharest (RO)
19.30-22.30	<b>Gala dinner: Restaurant Univers T (53-55 Alexandru Vaida Voevod Street, Cluj-Napoca)</b>

## 24 November 2017: Poster presentations

Venue: Aula of the „Iuliu Hațieganu” University of Medicine and Pharmacy Cluj-Napoca (23 Gh. Marinescu Str.)

11.00-13.00	<b>PETER SEDIK, CRISTINA BIANCA POCOL, ELENA HORSKA, DARKO RISTOVSKI</b> <ul style="list-style-type: none"><li>• THE BEHAVIOR OF THE SLOVAKIAN CONSUMER TOWARDS HONEY. THE BENEFITS OF HONEY IN THE SERVICE OF HEALTH.</li></ul>
	<b>DESISLAVA BAKOVA, KRISTINA KILOVA, ANETA TOSHEVA, NONKA MATEVA</b> <ul style="list-style-type: none"><li>• STRATEGIES TO PROMOTE HEALTHY DIET IN BULGARIA</li></ul>
	<b>ANA-MARIA OLELEU, CĂLIN GHERMAN, ANDRA TOMA-NAIC, VASILE COZMA</b> <ul style="list-style-type: none"><li>• SEROPREVALENCE OF PORCINE CYSTICERCOSIS IN NORTHWEST ROMANIA</li></ul>
	<b>CARLA MIHAIL, DOINA MIERE, LORENA FILIP, ROXANA BANC, OANA STANCIU, LAURA GAVRILAȘ, ANAMARIA COZMA-PETRUȚ</b> <ul style="list-style-type: none"><li>• RESEARCH ON SALT INTAKE AMONG STUDENTS OF FIVE UNIVERSITY CENTERS IN ROMANIA</li></ul>
	<b>MARIANA STUPARU-CREȚU, CAMELIA BUȘILĂ, VOINESCU DOINA, MIHAELA CUDĂLBEANU</b> <ul style="list-style-type: none"><li>• STUDY ON FOOD HABITS IN ADOLESCENTS FROM SOUTH-EAST ROMANIA</li></ul>
	<b>ELENA CIOBANU, CĂTĂLINA CROITORU, VIRGINIA ȘALARU</b> <ul style="list-style-type: none"><li>• FOOD SAFETY - A PRIORITY IN PUBLIC HEALTH</li></ul>
	<b>EGNON KV KOUAKOU, KOUAMÉ GM BOUAFU, COULIBALY AMED, MEITE ALASSANE ZANNOU-TCHOKO V, KAMARA SIAKY, KACOU JM DJETOUAN, BRUNO K. KOKO, FREDERIC KOUADIO K, NIABA K VALERY, SERAPHIN KATI-COULIBALY</b> <ul style="list-style-type: none"><li>• FOOD AND NUTRITION INSECURITY THREAT FACING CLIMATE CHANGE IN IVORY COAST</li></ul>

# National Conference with International Participation

## „Nutrition – Medicine of the Future”

### 23 November 2017: Workshops and keynote lectures

**Venue: Aula of the „Iuliu Hațieganu” University of Medicine and Pharmacy Cluj-Napoca (23 Gh. Marinescu Str.)**

14.30-16.45	<b>WORKSHOP 1: Metabolic hallmarks of cancer cells as targets for nutritional therapies</b> Prof. Dr. John Ionescu - Scientific Director of Spezialklinik Neukirchen (DE)
16.45-17.00	<b>Coffee break</b>
17.00-17.30	KEYNOTE LECTURE ▪ <b>Molecular Gastronomy - Food for tomorrow</b> Assoc. Prof. Dr. Dan Vodnar - UASVM Cluj-Napoca (RO)
17.30-18.20	<b>WORKSHOP 2: Sports nutrition - from individual counseling to team counseling</b> <b>BOOK PRESENTATION: Equation of weight loss. Nutrition and training guide for a good quality of life.</b> Dr. Șerban Damian - Superfit Nutrition Center Bucharest (RO)
18.20-18.30	<i>Sponsor presentation – WÖRWAG PHARMA</i> ▪ <b>Can it be without magnesium?</b>
18.30-18.40	<i>Sponsor presentation – SANTO RAPHAEL-STEAUĂ DIVINĂ</i>
18.40-19.00	<b>BOOK PRESENTATION: Nutrition guide for amateur and professional athletes with applications in the rugby game</b> Diet. Nicoleta Tupiță
19.30-22.30	<b>Gala dinner: Restaurant Univers T</b> (53-55 Alexandru Vaida Voevod Street, Cluj-Napoca)

### 24 November 2017: Keynote lectures and oral presentations

**Venue: Aula of the „Iuliu Hațieganu” University of Medicine and Pharmacy Cluj-Napoca (23 Gh. Marinescu Str.)**

9.00-9.20	<b>OPENING CEREMONY</b> Prof. Dr. Gianina Crișan - Dean of the Faculty of Pharmacy, „Iuliu Hațieganu” UMPH Cluj-Napoca Prof. Dr. Doina Miere - President of the Conference Scientific Committee
<b>SESSION 1</b> <b>Chairs:</b> Prof. Dr. Franco Veglio, Prof. Dr. Enrico Bertino	
9.20-9.50	KEYNOTE LECTURE ▪ <b>Nutrigenomics and cancer: strategies for prevention</b> Prof. Dr. Rosita Gabbianelli - University of Camerino (IT)
9.50-10.20	KEYNOTE LECTURE ▪ <b>EVOO (extra organic olive oil): a food medicine for all ages</b> Dr. Concetta Finocchiaro - Molinette Hospital Turin (IT)
10.20-10.30	BOOK PRESENTATION ▪ <b>Genetics. Personalized Nutrition and Precision Medicine.</b> Biol. Nutr. Marie Vrânceanu - „Iuliu Hațieganu” UMPH Cluj-Napoca (RO)
10.30-10.40	BOOK PRESENTATION ▪ <b>Taste Nutrition Cancer: What to do when returning home?</b> Dr. Hab. Marie-Chantal Canivenc-Lavier - INRA Dijon (FR)
10.40-11.00	<i>Sponsor presentation - NESTLE</i> ▪ <b>Benefits of whole cereal consumption at breakfast</b> Diet. Nicoleta Tupiță - Nutrition Health and Wellness Manager, Nestlé Romania

11.00-11.30	<b>Coffee break</b>
<b>SESSION 2</b> <b>Chairs:</b> Prof. Dr. Rosita Gabbianelli, Dr. Concetta Finocchiaro	
11.30-12.00	KEYNOTE LECTURE ▪ <b>Hypertension, lifestyle, diet and prevention of cardiovascular diseases</b> Prof. Dr. Franco Veglio - University of Turin (IT)
12.00-12.30	KEYNOTE LECTURE ▪ <b>Mediterranean diet and human milk</b> Prof. Dr. Enrico Bertino - University of Turin (IT)
12.30-13.00	KEYNOTE LECTURE ▪ <b>Olive oil from pregnancy to paediatric age</b> Dr. Gianfranco Trapani - Superior School of Biotherapy (IT)
13.00-13.30	KEYNOTE LECTURE ▪ <b>Glucose transporter type 1 deficiency syndrome and ketogenic diets</b> Prof. Dr. Zaid Afawi – Tel Aviv University (IL)
13.30-13.50	<i>Sponsor presentation – Ropharma</i>
13.50-14.00	<i>Sponsor presentation – SOLARIS</i> ▪ <b>Solutions and strategies in managing overweight problems in children. The health camp.</b> <i>Diet. Iulia Hădărean</i>
14.00-15.00	<b>Lunch break</b>
<b>SESSION 3</b> <b>Chairs:</b> Dr. Gianfranco Trapani, Prof. Dr. Claudia-Crina Toma	
15.00-15.30	KEYNOTE LECTURE ▪ <b>Genetics of eating behavior</b> Biol. Nutr. Marie Vrânceanu - „Iuliu Hațieganu” UMPH Cluj-Napoca (RO)
15.30-16.00	KEYNOTE LECTURE ▪ <b>Nutritional metabolomics: opportunities and challenges for a targeted nutrition</b> Prof. Dr. Carmen Socaci - UASVM Cluj-Napoca (RO)
16.00-16.20	ORAL PRESENTATION ▪ <b>Nutrition in hospitalized patients continues to represent a challenge for our healthcare system</b> Assoc. Prof. Dr. Cornelia Bala, Assoc. Prof. Dr. Ioan Vereșiu - „Iuliu Hațieganu” UMPH Cluj-Napoca (RO)
16.20-16.40	ORAL PRESENTATION ▪ <b>Relation food-emotions, aspects regarding some important alimentary attitudes</b> Prof. Dr. Claudia-Crina Toma - University of Arad (RO)
16.40-16.50	<i>Sponsor presentation - PURAROM</i> ▪ <b>Collagen and essential oils in metabolic modulation</b> <i>Assist. Prof. Dr. Monica Goia-Socol - „Iuliu Hațieganu” UMPH Cluj-Napoca (RO)</i>
16.50-17.00	<i>Sponsor presentation - CHRISPHARMABLUE</i> <b>Innovative system - Caresens Dual Glucose Monitor for the monitoring of glucose and ketones</b> <i>Gianina Bajanica – representative Chrispharmablue</i>
17.00-17.30	<b>Coffee break</b>
<b>SESSION 4</b> <b>Chairs:</b> Dr. Horațiu Albu, Diet. Daniela Ciobârcă	
17.30-18.00	KEYNOTE LECTURE ▪ <b>„Dr. Albu” special scholarships in the field of nutrition and dietetics in Romania for students of Master’s Degree in “Nutrition and Quality of Life”</b> Dr. Horațiu Albu, Diet. Anca Ignat
18.00-18.10	<i>Sponsor presentation – AQUA VIA</i> ▪ <b>AquaVIA, natural alkaline spring water pH 9.4, directly from the heart of the Apuseni Mountains</b>

18.10-18.25	ORAL PRESENTATION ▪ <b>Chronic inflammation in metabolically unhealthy morbidly obese</b> Diet. Daniela Ciobârca
18.25-18.40	ORAL PRESENTATION ▪ <b>Intermittent fasting – a powerful weapon against obesity</b> Diet. Noemi Sofronie
18.40-18.55	ORAL PRESENTATION ▪ <b>Good practices in developing mHealth interventions: A case study on a mHealth intervention to prevent smoking uptake after birth</b> Diet. Andreea Hoștină
18.55-19.10	ORAL PRESENTATION ▪ <b>Dietary management in phenylketonuria</b> Diet. Diana Crișan, Laura Petreuş

## 24 November 2017: Poster session

**Venue: „Iuliu Hațieganu” University of Medicine and Pharmacy Cluj-Napoca (23 Gh. Marinescu Str.)**

11.00-13.00	<b>MARIA VRÂNCEANU, LORENA FILIP, HORAȚIU ALBU, IOANA ECATERINA PRALEA, MARCO PERRICONE, KEITH GRIMALDI</b> • IMPROVEMENTS IN LONG TERM WEIGHT-LOSS AND CLINICAL PARAMETERS WITH THE USE OF NUTRIGENETICS IN A 2-YEAR PROSPECTIVE STUDY
	<b>CORINA MORARU, CODRUȚA HEGHEȘ, RAMONA SUHAROSCHI, LORENA FILIP, ANAMARIA COZMA-PETRUȚ, DOINA MIERE, CARMEN SOCACIU</b> • METABOLOMIC SCREENING OF HUMAN BREAST MILK: PILOT STUDY
	<b>NATALIA CERNELEA, LILIA ODAGIU, ALEXEI CHIRLICI, VLADISLAV RUBANOVICI</b> • NUTRITIONAL STATUS OF A GROUP OF PUPILS FROM GYMNASIUM CLASSES
	<b>NATALIA CERNELEA</b> • PECULIARITIES OF NUTRITION OF OVERWEIGHT AND OBESE PUPILS IN THE URBAN ENVIRONMENT
	<b>VLADISLAV RUBANOVICI, ALEXEI CHIRLICI, SERGHEI CEBANU</b> • HYGIENIC ASPECTS OF FOOD SETS INCLUDED IN THE DAILY DIETS OF PUPILS PRACTICING SPORT
	<b>GRIGORE FRIPTULEAC, VLADIMIR BERNIC</b> • HYGIENIC EVALUATION OF THE FOOD FACTOR IN THE ETIOLOGY OF CEREBRAL VASCULAR ACCIDENTS
	<b>MARIA-VICTORIA RACU</b> • EVALUATION OF NUTRITIONAL PARAMETERS OF DIFFERENT KINDS OF BREAD
	<b>MARIANA NELA ȘTEFĂNUȚ, ADINA CĂȚA, CRISTIAN VASZILCSIN, IOANA M.C. IENASCU</b> • SOME BRASSICACEAE EXTRACTS AND THEIR ANTIOXIDANT CAPACITIES EVALUATION
	<b>LAURA ELVIRA SCUTARIU, ZITA FAZAKAȘ, ANA-MARIA FARR</b> • DIET IN COLORECTAL CANCER
	<b>BIANCA-EUGENIA ȘTEFĂNESCU, LAVINIA-FLORINA CĂLINOIU, GABRIELA PRECUP, LAURA MITREA, MARIA BINDEA, BOGDAN RUSU, ANDREI MOCAN, GIANINA CRIȘAN</b> • HEALTH BENEFICIAL EFFECTS OF BILBERRY ( <i>VACCINIUM MYRTILLUS</i> L.) AND LINGONBERRY ( <i>VACCINIUM VITIS-IDAEA</i> L.) LEAVES
	<b>TEODORA EMILIA COLDEA, ELENA MUDURA, CRISTINA COMAN, LIANA SALANȚĂ, ALEXANDRU CONOVALI</b> • THE IMPACT OF PRE-FERMENTATION TREATMENTS ON PHENOLIC, ANTHOCYANIN CONTENTS AND ANTIOXIDANT ACTIVITY OF RED GRAPE MUST
	<b>ELENA MUDURA, TEODORA EMILIA COLDEA, OANA LELIA POP</b> • FERMENTATIVE INDUSTRY BY-PRODUCTS AS A NEW SOURCE OF PROBIOTICS WITH POSSIBLE

	<p>VALORISING IN FOOD SECTOR</p> <p><b>BOGDAN TIȚA, DANIEL RĂDUCAN, ADRIANA DĂRĂBAN, ADRIAN IACOB, ANDREEA RUSU, CLAUDIA-CRINA TOMA</b></p> <ul style="list-style-type: none"> <li>ASPECTS REGARDING PREVENTION OF CHILDHOOD OBESITY. SOCIAL ASPECTS FROM THE WESTERN PART OF ROMANIA.</li> </ul>
	<p><b>FELICIA DRĂGAN, KATALIN FODOR</b></p> <ul style="list-style-type: none"> <li>NATURAL REMEDIES AS ALTERNATIVE TO TRADITIONAL MEDICINE</li> </ul>
	<p><b>DAVID SABĂU, GRIGORE FRIPTULEAC</b></p> <ul style="list-style-type: none"> <li>NUTRITIONAL AND BEHAVIORAL PECULIARITIES OF THE POPULATION IN THE GENESIS OF DIGESTIVE DISEASES</li> </ul>